TRAVEL TO CARDIFF BAY

- Catch Baycar bus service 6 from the rear of Cardiff Central train station. Services 7 and 8 also run from Cardiff city centre to the Bay.
- Catch the train from Queens Street station to Cardiff Bay.
- Make your way on foot with a short walk via Callaghan Square and Lloyd George Avenue.

Traveline Cymru for public transport information
T: 0300 200 22 33
www.traveline.cymru

Cardiff Tourist Information Centre
Wales Millennium Centre, Cardiff Bay, CF10 5AL
T: 029 2087 3573
www.visitcardiff.com
visitor@cardiff.gov.uk

www.traveline.cymru

Bike hire
Pedal Power
Check opening times
Cardiff Bay
T: 07775 616411
Pontcanna
T: 029 2039 0713
www.cardiffpedalpower.org
info@cardiffpedalpower.org

Sustrans
www.sustrans.org.uk/wales

For more information about cycling and walking visit
www.keepingcardiffmoving.co.uk

The Bay Trail Guide provides commentary on points of interest in Cardiff Bay. Priced at £4.99, it's available from Cardiff Tourist Information Centre, visitor@cardiff.gov.uk.

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ART AND HERITAGE TRAIL

1. Water Tower
   Made famous by the popular
   BBC series Torchwood, the
   Water Tower features reflective
   surfaces and a stream of
   running water. At 70ft high, it's
   a striking landmark in the Bay.

2. Pierhead
   Built by William Frame during the
   Victorian era, this majestic
   building was once the offices of
   the Cardiff Railway Company. It's
   now part of the Welsh Assembly
   for Wales and is used as a unique
   visitor centre and meeting and
   events venue.

3. Merchant Seafarers War Memorial
   Dedicated to the merchant seamen of
   Cardiff Bay, this memorial sculpture
   combines a beached hull of a ship
   with a timeless face. It represents
   every human lost forever to the sea.

4. Dolphins and Dock Wall
   The sloping sea wall runs north to
   south between the Bute East Dock and
   Roath Basin. At the foot, five timber
   structures slope slightly inwards. They
   were used to moor ships while repair
   work was taking place.

5. Beastie Benches
   The beautiful carved brick
   benches were inspired by the
   mythical creatures described in
   Balld of the Long-Legged Bait,
   a poem by Dylan Thomas.

6. Pit to Port & The Waterguard
   The bronze statue was created by the late artist
   John Clinch, and completed by Jon Buck.
   It celebrates Cardiff Bay's heritage as one of
   the world's most important coal exporting ports.
   The Waterguard is famous for its hybrid
   architecture. The building's Victorian frontage
   was moved from Cardiff Docks to its current
   location in 1993, and complemented with
   modern design touches in 2001.

7. Norwegian Church & Captain Scott Memorial
   Shipped from Norway in the 1860s for Scandinavian
   seamen working in the docks, this church is famous for
   being the place where author Roald Dahl was baptised.
   Today it houses a gallery, events spaces and café.
   Outside the church, the Captain Scott mosaic memorial
   overlooks the port where Scott's expedition ship, the
   SS Terra Nova, sailed in 1910.

8. Age of Coal Exhibition
   This exhibition showcases the development of energy
   sources from coal and nuclear power to renewable energy.
   The information boards also provide an account of the history of Cardiff Docks
   and the Bay.

9. Captain Scott Exhibition
   Under the Barrage Sails, you'll find an outdoor exhibition outlining the 1910
   British Antarctic Expedition, led by Captain Robert Falcon Scott. It describes
   the incredible methods that the group used to reach the pole.

10. Barrage Circles
    Designed by Felice Varini, this artwork uses the barrage
    structures and paint to create a circular collage. The rings
    are not immediately visible and can only be seen from
    one location on the Barrage.

11. Custom House
    Designed by Samuel Dobson in the mid 1800s, Custom House is
    constructed from yellow brick with Bath stone dressings and
    boasts a central bell tower. It now
    houses two restaurants.

12. Cardiff & Vale Portrait Benches
    Part of a Sustrans Connect2 project, the benches display life-sized portraits of community figures.
    The Vale bench features Dame Tanni
    Grey-Thompson, Olympian Nicole Cooke and Tim
    Burns from Cogan Primary School; while the
    Cardiff bench shows Cardiff Devils Jason Stone,
    Pedal Power founder Sylly Williams, and Lydia
    Harris from Mount Stuart Primary School.

13. The Coal Stalith
    This remains of the last coal staltsh is
    erected in Cardiff Marina in 1889 now act
    as a viewing point at Cardiff International
    White Water. The Historic structure has
    been preserved as an important reminder
    of Cardiff's maritime history and heritage.

14. Wetland Reserve
    Developed on a former salt marsh, this
    area was officially opened as a wetland
    reserve in July 2002. Approximately 8
    hectares, it's located on the northern edge
    of Cardiff Bay and is home to multiple flora
    and fauna. If you enjoy bird watching, the
    viewing areas close to St David's Hotel
    and on the boardwalk are excellent spots.

15. Mining the Bay
    Discover what's hidden in the water
    and mud of the Bay by exploring this
    fascinating art installation by Ruth McLee, located in
    the Graving Docks.

16. People Like Us
    Created by John Clinch in 1993, this bronze sculpture
    of a young couple represents the people who
    lived and worked in the former Tiger Bay area.

17. The Coal Exchange
    Although not currently open to the public, this
    is one of the most historically important
    commercial buildings in Wales. Leading
    business owners met at the Coal Exchange
    to negotiate and sign significant deals. It's
    also famed for being the venue where the
    first £1 million transaction was made.

18. D-Shed
    Originally located on the former
    East Bute Dock, this building was
    reassembled at its current
    location and is now home to
    Craft in the Bay and a café. It's
    a rare example of an iron frame
    warehouse/transit shed.